

API TRAINING

Since February 2017, we have conducted four training sessions in business and preventive health.

Business Training

In February 2017, we organized and conducted small-business training for one of our most recently enrolled groups from the village of Kounoun. Kounoun is 2 hours drive from Dakar, Senegal's capital. There are 40 active members in the group.

Business topics covered in the training included marketing, record keeping, costing and profit calculation.



Figure 1 Kounoun women in business training

Preventive Health Training

Later, in March 2017, API trained three women micro-credit groups enrolled in its programs. This time, the training was in Preventive Health.

As we explained, when our Preventive Health Program (PHP) was launched, the rationale for PHP is that, at least in this part of the world where there is little or no social safety net (social security/welfare programs), there is a positive relationship between poverty and poor health: a sickly woman breadwinner cannot always work and so loses income opportunities and spends from the little income she has to get well (medicine purchases and transportation to hospital or clinic).

Topics covered in the training included blood pressure, blood sugar, stress and cholesterol: what they are and how to control them.

After the training, blood pressure monitoring kits were distributed for group use.



Figure 2 Kounoun micro-credit group representatives.



Figure 3 Jaapal Ma Jaap(women seizing opportunity to do collective project) micro-credit group representatives.

API donors in 2016

API, as always, appreciates your support. Thank you.

Churches

1. Avon United Methodist Church, Avon, IN
2. Wesley United Methodist, Church, Sterling, IL
3. Bardstown United Methodist Church, Bardstown, KY

4. Westside Missionary Baptist Church, Indianapolis, IN
5. Trinity United Methodist Church, Wilmette, IL
6. Wesley United Methodist Church, Oshkosh, WI
7. Community United Methodist Church, Cedarburg, WI
8. Bulverde United Methodist Church, San Antonio, TX
9. Bridgeport United Methodist, Church, Bridgeport, WV
10. Hope United Methodist Church, Yaokum, TX

Individuals

1. Winnie Tay
2. Laura Ujereh
3. Jeanne Welsh
4. Cliff and Jessica Molife
5. Sebastine and Kiran Ujereh
6. Mary Balson
7. Jack and Susan hale
8. Jan and Ed Andersen
9. Kristie Johnson
10. Heather Caine
11. Emily Erasmus
12. Dennis Grishin



